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Occupational Therapy Scope of Practice: Pediatric Mental Health Across the Continuum

Kacey Varnell
A. T. Still University

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Literature Support

Needs Assessment

- Time and Space Available
- Lack of Depth in Assessments and Interventions
- Follow-up and hand-off for psychosocial support across the continuum

Project Objectives

1. Identify current needs of addressing mental health in the hospital setting.
2. Establish overarching framework to be utilized for addressing psychosocial function.
3. Provide education and resources to support OTs in implementation.

Post-Intensive Care Syndrome

What:

- The physical, cognitive, and psychosocial impairments that are seen in adults and kids who have been in intensive care

Importance:

- This created a population to target that requires mental health support across the continuum

Emotional Safety Initiative

What:

- The intention to prioritize emotional needs at the same level as physical needs

Importance:

- This initiative had set goals that guided the resources and tools created

Feedback

“You feel confident in addressing mental health in everyday practice”

| | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|-----------------------|-------------------|----------|---------|-------|----------------|
| Pre-Inservice | 0 | 1 | 4 | 6 | 1 |
| Post-Inservice | 0 | 0 | 1 | 10 | 1 |

“The tools will be easy to use within the current job structure”

| Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|-------------------|----------|---------|-------|----------------|
| 0 | 0 | 0 | 8 | 4 |

Tools and Resources

1. Overarching Framework/Proposal
2. Mental Health Landing Page
3. Assessment, Intervention, Resource Smart Sheet
4. Post-Intensive Care Syndrome Symptom Checklist
5. Post-Intensive Care Syndrome Protocol
6. Intensive Care Diary
7. Post-Intensive Care Syndrome Educational Materials
8. Hospital Environment Modification Suggestion Sheet
9. Two Inservice Presentations

Acknowledgement

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