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#### **Resiliency in School Experiences: A Dropout Prevention Initiative**

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# AISTI

## **Resiliency in school experiences: a dropout prevention initiative** Stephanie Lorraine Smith, OTS; Jyothi Gupta OTR/L, PhD, FAOTA

## Introduction

- High school graduation strongly predicts long-term health and success
- Typically, students at risk for dropout are economically disadvantaged, minorities, students with disabilities or those who lack English proficiency
- Consequences is limited prospects and the capability to maximize their occupational potential
- Limited literature related to dropout rates among Native Hawaiian and Pacific Islander (NHPI) students in the United States, including Hawaii.
- NHPI students in Hawaii have the highest dropout rates
- **Purpose:** (a) understand the barriers and supports needed by at-risk NHPI students to prevent high school dropout, (b) understand the continuum of dropout

Personal Dropout Factors	Contextu
<ul> <li>Engagement</li> </ul>	Family backgro
Motivation	Family socioed
Poor academics	• Economic resp
Grade retention	• Parent educat
Behavioral problems	School relation

**Dropouts At Risk for:** substance abuse, criminal activity/incarceration, and welfare dependency

## **Community Site**

- W.R. Farrington High School
- Institute for Human Services

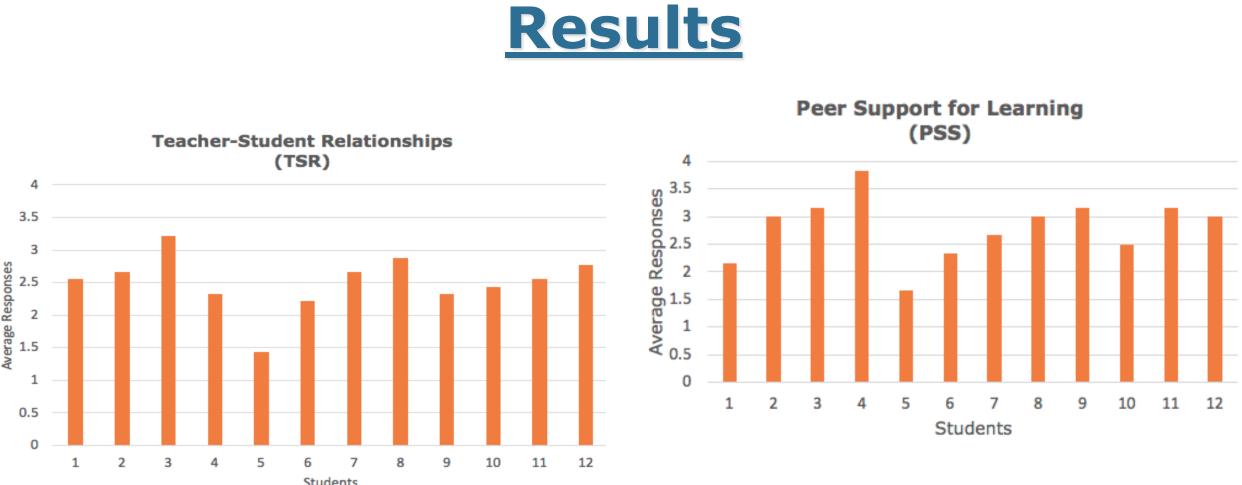


- **Participants:** 6 faculty and 12 student
- Student Engagement Instrument (SEI) 4-point scale
- Affective (psychological) engagement
- Cognitive Engagement
- Student Inventory (SI)
- Family, personal, school barriers hindering school success
- What supports are needed
- **Semi-structure interviews**
- Students
- Faculty
- Employment Specialist

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- round/culture
- economic standing
- sponsibility
- tion level
- onships



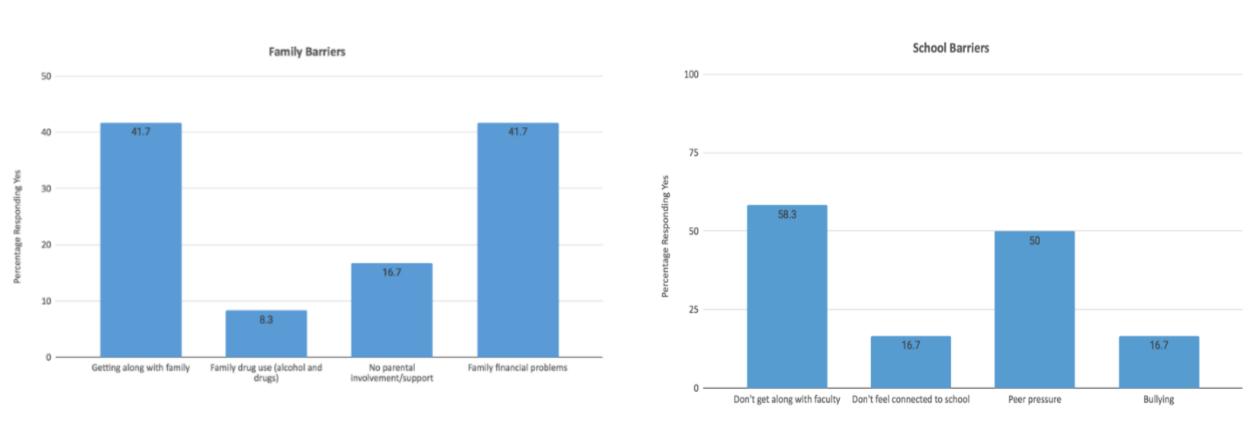


Figure 3. SI Family Barriers Results

*Figure 1.* SEI TSR Results

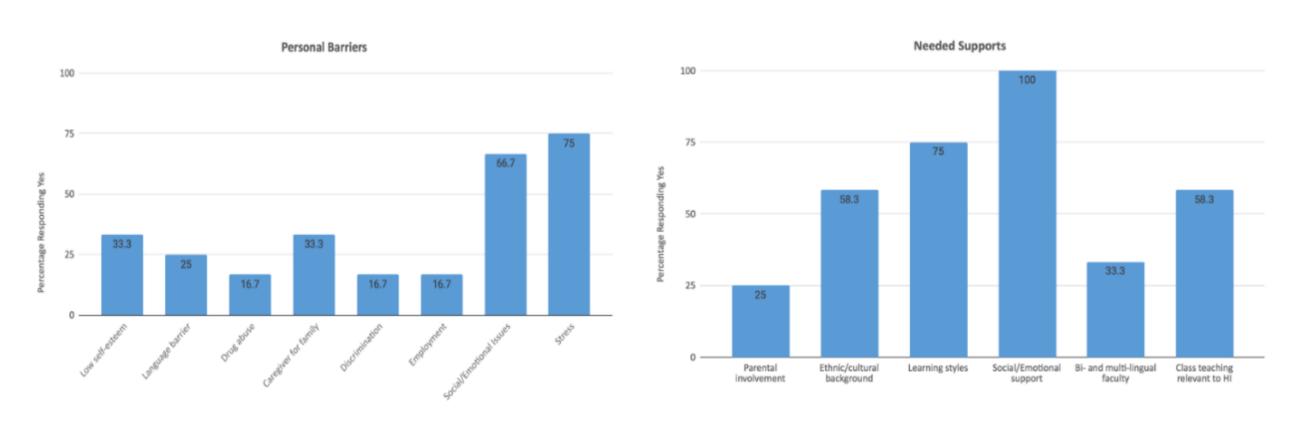


Figure 5. SI Personal Barriers Results

#### •SEI

•TSR possessed the lowest score with an average of 2.50 (38%), followed by: PSS 2.80 (70%), CRSW 2.85 (71%), IM 3.37 (84%), FGA 3.45 (86%), FSL 3.58 (89%).

•SEI results display lower scores in affective (psychological) engagement compared to cognitive engagement. **SI** 

- Barriers include: family, personal, and school
- Supports Needed

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Figure 2. SEI PSS Results

Figure 4. SI School Barriers Results

Figure 6. SI School Supports Needed Results

#### **Semi-Structured Interviews**

#### Faculty

Barriers: Parental involvements and culturally based concerns

Supports Needed:

Social/emotional and parental involvement

Supports Needed (Faculty): Social/emotional, parental involvement, communication among families and school staff



- TSR and PSS subscales indicate poor affective engagement.
- SI personal barriers reveal that as a whole, student participants are combatting the consequences of disengagement
- Across all student participants, social/emotional supports were recognized as being critical in their ability to succeed in school.

#### Limitations

ATSU

- Limited articles related to the study topic
- Paraphrasing faculty interviews
- All participants from one faculty
- Lack of transparency

#### **Implications for OT Practice**

- Expanded role for OT: case manager role in the school(s), to conduct psychosocial screenings and assessments to identify problem areas. The field of OT can be utilized as a consultant for program development
- and/or workshops.

## **References**

References provided upon request

## Acknowledgments

analysis), and all participants.

## A'ISI)

#### Students

- Teacher-Student Relationships
- Peer relationships

#### Employment Specialist

Barriers: mental health, sense of belonging and self-worth, lack of compromise, substance use and relapse Supports Needed: Social/emotional, stable housing, and community supports Supports Needed (Specialists): Funding and collaboration with agencies

### **Conclusion**

Thank you to Dr. Jyothi Gupta [faculty advisor], Alison Colby and Brittany Tauillili [community site mentors], Dr. Curt Bay (Statistical